



EDUCATOR EXAMEN



I invite the Holy Spirit to help me recall my day through the eyes of my students and colleagues.

Before I arrived on campus today, what did I do to prepare for encounters with my students and colleagues?

Did I get sufficient rest? Sufficient food? Sufficient time for prayer or reflection?

When I arrived at school, what was my mood? Is this mood a common one for me on a weekday?

What did I notice about my students today? I take a moment to think about 1-2 students with which I had a particularly positive encounter. What about my interactions with them stuck out on this particular day?

I pause to thank God for these students and to pray for their intentions.



I take a moment to think about 1-2 students with which I may have had a particularly challenging encounter today. What about my interactions with them stuck out as challenging? What was my role in those encounters?

I pause to invite God into future interactions with these students. I thank God for them as well and pray for their intentions.

Now, I pause to think about 1-2 faculty/staff members with which I had a particularly positive encounter with today. What about my interactions with them stuck out on this particular day?

I pause to thank God for these faculty/staff members and to pray for their intentions.



I similarly take a moment to think about 1-2 faculty/staff members with which I may have had a particularly challenging encounter today. What about my interactions with them stuck out as challenging? What was my role in these encounters?

I pause to invite God into future interactions with these faculty/staff members. I thank God for them as well and pray for their intentions.

What was my attitude like today?

How did my attitude positive or negatively affect my encounters with others?

How did my attitude positively or negatively affect the atmosphere of my classroom or the other activities I participate in on campus?

What were my expectations of my students (my colleagues, myself) today? Were they too high or too low? Do I need to adjust them?

Do I react to certain students (or colleagues) differently than others?

What do I need to ask the Lord forgiveness for today?

I review the upcoming school day. What graces do I need to ask from God for the day ahead?

Lord, as I end this Examen,

I remember that you are always with me. Help me to more clearly see you in the students I serve and the colleagues I journey alongside.

Increase in me the desire to serve them and you well.

Amen.